



The West Seattle Sportsman

Volume 77, December 2011

Merry Christmas, Dinner Dec 10th

Party Time

The Christmas Party is almost here. This year we will be at Galliano's On December 10th. We will be meeting at 6 PM for socializing and appetizers; and dinner will be served at 6:30 PM.

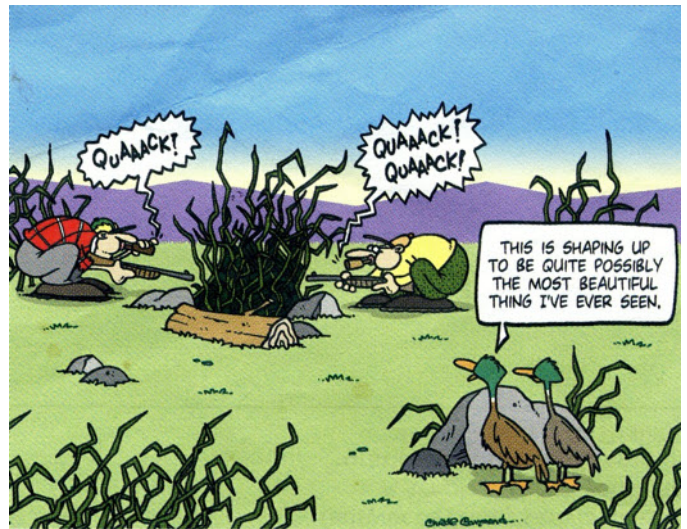
After appetizers dinner will be served with your choice of Chicken Parmigiana or Chicken Scaloppine. There will also be your choice of Seafood Linguine or Cajun Jumbalaya. Dinner will also include a salad, garlic bread, and Galliano's Original Meatballs. WSSC will be providing dessert.

After we have all stuffed ourselves we will be having our gift exchange. If you want to participate in the fun of the gift exchange, please bring a \$10.00 wrapped gift.

If you would like to join us please send \$27.50 and your preference of food choices to:

West Seattle Sportsmen's Club, P.O. Box 16258, Seattle, WA 98116. We need to get the numbers into the restaurant so you'll need to get it mailed in this weekend.

Galliano's Cucina is in SeaTac off of Military Road near Safeway. Their address is: 16435 Military Road So., SeaTac, WA 98188. See you there.



and a 40 shot Women's Air Rifle Match. Ten of our juniors participated in the Junior Olympic Rifle Championships, which was a 3x20 Smallbore match, and the qualifier for the Nation Junior Olympics.

In the State Indoor Championships in Olympia, the Totems were led by
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WS Totem Update

The month of November was good to the West Seattle Totems. Nine of our Juniors participated in the State Indoor Championships, which consisted of a 3x40 Smallbore match and a 60 shot offhand Air Rifle match,

Ernest A FREY

Ernest A. Frey, 97, of Seattle, passed away in his sleep on Wednesday, October 12, 2011. He was born near Nanaimo, B.C. August 30, 1914, to Bertha Boller Frey and John Frey. He graduated from Ballard High School in Seattle in 1932. After attending WSU for a year, Ernie transferred to Stout Institute in Menomonie, Wisconsin, where he graduated with a B.A. in Industrial Arts. He obtained a teaching degree



from the University of Washington and enjoyed a rewarding career as an Industrial Arts teacher in Seattle schools. He married Hazel Lovejoy in June, 1941. Ernie and Hazel were hunting, fishing and gardening partners throughout their 67 year marriage, and these mutual interests would fuel their travels far and wide. But home was always West Seattle where they lived for over 50 years. Ernie was an avid outdoorsman

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2012 Voting

We held the 2012 Officer elections at the November meeting. We would like to thank those that showed up to vote and here are the results: President- Greg Boyd, Vice President- Rick Robbins, Treasurer- Cam Robison, Secretary- Tony Olszewski, and Recording Secretary-Brian Dunham. And the Trustees are Tom Kocir and Eric Iwamoto with Eric receiving the 2 year position.

We also voted on the proposal for the \$5.00 dues increase which was passed unanimously. This means that the the yearly dues going forward will be 40 dollars.

This increase will help cover the costs of additional insurance we added.

Totems from page 1

Corinne Blair. She shot a personal best 1085/1200 in smallbore a 558/600 in the 60 shot Offhand Air Rifle Match, and a 377/400 in the Women's Offhand Air Rifle Match. Emma Carey shot a 1078/1200 in the Smallbore match. These girls finished 1st and 2nd in the B Class, while finishing 9th and 14th overall.

Owen Yeasting also turned in a personal best 1055/1200 in smallbore and 521/600 in the Air Rifle match. Our D Class shooters consisting of Lily Voynick (SB: 1045/1200, AR: 521/600, WAR:348/400), Lauren Phillips (SB: 1043/1200, AR: 537/600, WAR:353/400),

Casey Iwamoto (SB:1004/1200, AR:509/600, WAR:348/400) swept 1st-3rd in D Class. Nick Young also had a personal best with scores of (SB:892/1200, AR:438/600). Jack Ellis won E Class (S:871/1200, 440/600) and Zach Hershey shot in his 1st 3P match (SB:642/1200).

A week later in Puyallup at the JORC, the team was led by Emma Carey who turned in a 554/600 and currently holds 1st place in Expert Class, pending results from Spokane on Dec. 10th. Corinne Blair currently holds 1st place in A Class with a 546/600. Owen Yeasting is currently in 6th place in A Class. Our D class shooters were all moved to B Class because of the previous weekend's performance, and they repeated the sweep. Lauren Phillips currently tops the B Class shooters with a 531/600. Lily Voynick is in 2nd with a 524/600, Casey Iwamoto is in 3rd with a 501/600, and Nick Young is in 4th with a 484/600. Jack Ellis shot a 437/600, which was an improvement of his score of the previous week. Zach Hershey (384/600) improved his score by close to 60 points over the previous week, and Sumner Ames shot in her 1st 4P match with a 370/600.

The juniors are in action again on December 3rd in the Junior Olympic Air Rifle Championship in Olympia. Needless to say we are VERY proud of these results. The

kids are working very hard and having a great time!

Ernie Frey from page 1

and was a lifetime member, trustee and past president of the West Seattle Sportsman's Club. He particularly enjoyed sharing his love of the outdoors with his Grandson, Chris, and with his sons in law Al Kohlwes and the late Bill Deever. Together Hazel and Ernie raised two daughters, Judy Frey Deever Barkley of Beaumont, TX, and Jeanne Frey Kohlwes of Snohomish, WA. He is also survived by his loving grandchildren: Kathy Deever Weir and her husband George of Beaumont TX, Christopher Deever and his wife Vanessa of North Richmond Hills, TX, Cheryl McCaffery and her husband Chad of Woodinville, WA, and Christine Uffens of Bremerton, WA. He leaves four great-grandchildren: Tyler and Lauren Uffens, Carleen McCaffery, and George Weir Jr. He is also survived by nieces Carol Davis of Seattle, WA, Suzy Christopher of Mt. Shasta, CA, their children, and his cousin, Jack Rothermel. Ernie also leaves behind a host of dear friends and neighbors. He was preceded in death by his late wife, Hazel, his parents, and his seven brothers and sisters. Special thanks go to caregiver Cheryl Clark, neighbors Scott and Linda Meaker, Dan Eskanazi and his longtime

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Range Hours and Activity

Monday - Small Bore - 6:00 PM,
Tuesday - Air Pistol League, - 6:00 PM
Wednesday - Juniors - contact Joe Matter 206-351-7134 or joe@vashonjuniors.com for information.
Cost: Adult members \$2.00, non-members \$4.00, Juniors \$1.00.

Up coming Small bore & Air Matches

Dec 3 rd	Olympia	JOARC (West)	Crossman
Dec 10 th	Seattle	Air pistol & Standard pistol	Cozens

The West Seattle Sportsmen's Club

Sponsors of the Roger Dahl Rifle Training Range

OFFICERS

President – Tony Olszewski 425-226-5643
 Vice Pres. – Steve Loo
 Secretary – Kristin Shamek 206-940-8729
 Treasurer – Cam Robison
 Rec. Sec. – Eric Iwamoto

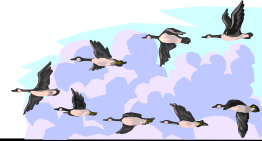
TRUSTEES

Greg Boyd 206-965-9629
 Fred Burr 206-935-4883
 Richard George

LIFE TIME MEMBERS

Fred Burr
 Ernie Frey
 Frank Novito
 Roz & Jerry Mascio

Contact us at: info@wssportsmen.org



Rolf's Cooking Corner

Walnut Crusted Chicken

Ingredients:

- 1 egg
- 1 Tbsp water
- ½ cup walnuts, finely chopped
- ¼ cup whole grain bread crumbs
- ½ tsp salt
- 4 boneless, skinless, chicken breast halves
- 2 cups pomegranate juice
- 1 Tbsp honey
- 2 tsp minced crystallized ginger

Directions:

Serves 4†

1. Preheat oven to 425° F. Coat baking sheet with cooking spray.
2. Whisk egg and water in a shallow dish. Combine walnuts, bread crumbs, and salt in another shallow dish. Dip chicken into egg mixture, then nut mixture. Place on prepared baking sheet and coat with cooking spray.
3. Bake Chicken for 20 minutes turning once, or until chicken reaches an internal temperature of 165° F. Let rest 10 minutes.
4. Mix juice, honey, and ginger in small saucepan while chicken is baking. Bring to a boil. Simmer 15 minutes or until sauce is reduced by half. Remove and set aside.
5. Slice Chicken and serve with sauce drizzled over. Pairs well with a mixed green salad



Events Calendar

- Dec 10th - Standard/Air Pistol Match
- Dec 10th- Christmas Dinner
- Dec 23rd- Board Meeting
- Jan 4th - Club Meeting
- Jan 18th - Board Meeting

If you have any ideas for programs to have at the club meetings or any good outing ideas let one of the Officers or Trustees know. You may contact us at: info@wssportsmen.org

New

MEMBERSHIP APPLICATION WEST SEATTLE SPORTSMEN'S CLUB

Renewal

Date _____

I, _____ of _____, Washington, being interested in the propagation and conservation of game birds, game animals, and fish in the State of Washington, do hereby apply for membership in the WEST SEATTLE SPORTSMEN'S CLUB and tender herewith the sum of \$_____ in payment of one year's dues.

"I solemnly swear that I will abide by the Constitution and By-Laws of the West Seattle Sportsmen's Club and help in its up-building and I will not willfully disobey the Game Laws wherever I fish or hunt. I will always be a true sportsman both in the field and to my brother members at all times.

Signed _____

Street Address _____

City _____, Zip _____

Phone _____, Email _____

Recommended by _____

(New Only)

If you would like to receive the Club newsletter by email check here.



Stuff For Sale

For Sale - 1415 .22 rifle includes scope and iron sights, many accessories included. Contact Fred Burr 206-935-4883

For Sale - Shotgun Hulls in both 12 GA & 20 GA. They are once fired and most are Federal; some are Seller & Bellot, Remington, Focchi and Winchester. They are sorted in bag in bags of 100 ea for \$5.00 OBO. All Hulls are NO. 7, 7½, 8, and 9 shot. For more information call 253-740-3001 or email ride4fun3@comcast.net

For Sale - Adjustable front shooting rest \$40.00, Leather shooting rest bag \$15.00 call Fred Burr 206-935-4883.

For Sale - 35 Remington Ammo - 30 plus rounds rescued from garage sale, age unknown, \$5.00. Call Kim 253-850-7380.



For Sale - 12 ga C&H shot gun shell reloader includes dies and powder measure call Fred Burr 206-935-4883.

If you have something you would like to list in this section please send an email to "info@wssportsmen.org" listing the item or items you would like to sell, the price, and your contact information. Put "Stuff For Sale" in the Subject line of your email. Keep in mind that this comes out only once a month. In order to be listed in the coming month's newsletter you will need to have your ad emailed to us no later than the 20th of the prior month.....†

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Ernie Frey from page 2

companion Diane, and his wonderful caregivers at Emerald Cottage in Arlington, WA. Ernie will be missed by all who knew him. He possessed an easy ability to teach, a consummate passion for learning, and could always be depended on to tell a fine story befitting of the occasion. A memorial service is pending.

Published in The Seattle Times on November 2, 2011

December Meeting

There is no club meeting this month, we will see you at the Christmas Party.



The West Seattle Sportsmen's Club
P.O. Box 16258
Seattle, WA 98116



First Class Mail

West Seattle Sportsmen's Club Annual Christmas Party

Saturday, December 10th
Social at 6:00 PM Dinner at 6:30 PM

We will be having our annual Christmas Party at

Galliano's: (just south of Safeway)
16435 Military Road So., SeaTac 98188



Our Meal will include:

Appetizers & Salad

Choice of entree:

Chicken Scaloppine or Chicken Parmigiana.

Choice of pasta:

Seafood Linguine or Cajun Jumbalaya,

Cheesy garlic bread

Galliano's homemade meatballs.

Tax and gratuity are also included.

All beverages are No Host Bar.

Holiday dessert provided by West Seattle Sportsmen's Club.

Price is \$27.50 per person (this includes tax & gratuity) and **must be post marked by Dec 2nd.**

Make checks payable to WSSC and mail to:

West Seattle Sportsmen's Club

P. O. Box 16258

Seattle, WA 98116.



We will be having a Gift Exchange for those who wish to participate. Bring a wrapped gift with a value of about \$10 to contribute to Santa's bag. Only those that bring a gift will receive one.

